

## ISLAND CUISINE

All specialties made to order and complimented with black beans and rice \* warm tortillas upon request

### PANAMA SHRIMP

Tiger shrimp sautéed with bell peppers, tomatoes, garlic, wine and special seasonings. \$12.25

### CAMARONES AL AJILLO

Tiger shrimp sautéed with fresh chopped Garlic in lemon sauce. \$12.25

### BISTEC A LA VENEZOLANA

Grilled seasoned beef, covered with grilled onions. \$9.25

### TAMALE LA BAMBIA (1)

Your choice of pork or chicken tamale with Rice and beans. \$6.25  
(Tamale A La Carte \$ 3.75)

### BISTEC EMPANIZADO

Thin breaded Steak with rice and beans. \$10.25

### JAMAICAN STEAK

Grilled Beef sautéed with bell peppers, tomatoes & garlic. \$9.25

### JAMAICAN CHICKEN

Marinated grilled chicken sautéed with bell peppers, tomatoes & garlic. \$9.25

### 8TH STREET PLATE

Shredded pork, bell peppers, tomatoes & garlic in a zesty sauce \$9.25

### ARROZ CON POLLO

Half oven roasted chicken served With rice and beans \$8.50

### VIRGIN ISLAND COMBO

One Cuban Tamale, topped with Rancho sauce and shredded cheeses, flame broiled, served with a soft taco. \$8.25

### POLLO PLATE (CHICKEN)

Marinated and grilled chicken with rice and beans \$7.25

### ENCHILADAS RANCHERAS

Shredded chicken and cheeses served with rice & pinto beans \$8.25

### LA BAMBIA SPECIAL

Lechon asado PORK marinated, slow oven roasted, shredded \$9.25

## CARIBBEAN SPECIALTIES

### CUBAN SANDWICH

Shredded oven roast pork, ham, shredded cheeses, pickles and guacamole on grilled Cuban bread \$7.25  
add french fries or garlic fries for \$1.00

### TAQUITOS (4) chicken

With fresh GUACOMOLE (A La Carte) \$7.25  
With rice & beans \$8.25

### TACO COMBINATION PLATE (3)

1 marinated chicken, 1 roast pork and 1 carne asada served with black beans & rice \$8.25

### 2 TACO COMBINATION PLATE

Choice of two tacos with black beans and rice \$7.25

### SOFT TACO (1) A La Carte

Marinated chicken, roast pork or carne asada with pico de gallo, cheese and guacamole (one taco served on 2 tortillas) \$2.70

### FISH TACO (1) A La Carte

Breaded fried fillet of cod \$3.25  
Grilled Mahi Mahi \$3.25  
Grilled Salmon \$3.25  
Grilled Talapia \$3.25  
Grilled shrimp \$3.70

### FISH TACO COMBINATION PLATE (breaded)

with rice & black beans \$8.95

### QUESADILLA SPECIAL

Served with choice of meat, sour cream & guacamole \$8.25

### CHEESE QUESADILLA

Served with guacamole and sour cream \$6.95

### NACHOS

Homemade tortilla chips, topped with black beans, choice of meat, cheese, flame broiled, garnished with pico de gallo, sour cream and guacamole \$8.25

### TOSTADA

Marinated chicken, carne asada or roast pork served in large shell with black beans, lettuce, cheese, pico de gallo. topped with sour cream and guacamole \$8.25

## SPECIAL BURRITOS

Get any burrito WET (smothered in rancho sauce and covered with cheese add \$1.00)

### THE ST. THOMAS BURRITO (most popular)

Oven roasted, shredded PORK, pico de gallo, shredded jack and cheddar cheese, sour cream & guacamole \$8.25  
(black beans and rice served on the side)

### RANCHERO BURRITO (WET)

Carne Asada (beef) and black beans, (no rice) topped with rancho sauce, cheese broiled and accented with sour cream \$8.50

### KEY LARGO CHICKEN BURRITO

Marinated grilled CHICKEN and black beans (no rice), pico de gallo, guacamole and sour cream \$7.95

### FLAUTA CARIBENA BURRITO

Oven roasted PORK rice (no beans) DEEP FRIED, then topped with cheese, sour cream and guacamole \$7.50

### VEGGIE BURRITO

Black beans, rice, lettuce, pico de gallo, cheese, guacamole, and sour cream \$6.25

### BOSS BURRITO (a vegetarian's nightmare)

Pork, carne asada, chicken, rice, beans and cheese \$9.25

### BURRITOS

Your choice of meat, rice, black beans, pico de gallo, cheese, guacamole and sour cream wrapped in a flour tortilla  
BEEF \$7.75 PORK \$7.25 CHICKEN \$7.25

### FAJITAS

Your choice of meat served with bell peppers and onions on a sizzling platter  
All Fajitas complimented with rice, black beans & tortillas  
SHRIMP \$13.25 BEEF \$12.25 CHICKEN \$11.25

## NEW SEAFOOD SPECIALTIES

### SEAFOOD BURRITO (a monster)

Mahi Mahi, shrimp, salmon, black beans, rice, sour cream, cheese, pico de gallo and guacamole wrapped in a flour tortilla \$10.25

### MAHI MAHI SOFT TACOS (2)

Mahi mahi, pico de gallo, cheese, and guacamole served with rice and beans \$9.25

### SALMON SOFT TACOS (2)

Salmon, pico de gallo, cheese and guacamole served with rice and beans \$9.25

### SHRIMP SOFT TACOS (2)

Shrimp, pico de gallo, cheese and Guacamole served with rice and beans \$9.25

### PANAMA TILAPIA

Tilapia sautéed with bell peppers, tomatoes, garlic, wine, and special seasonings served with rice and beans \$9.25

### TILAPIA AL AJILLO

Tilapia with a lemon, garlic, wine sauce served with rice & beans \$9.25

### RAINBOW TROUT AL AJILLO

Rainbow trout with a lemon butter wine sauce served with rice & beans \$10.25

### SHRIMP QUESADILLA

Grilled shrimp and cheese in a flour tortilla served with sour cream & guacamole \$10.25

## NEW SALADS

### LA BAMBIA'S SIGNATURE SUNSHINE SALAD

Romaine and Iceberg mix with red apples, Mandarin oranges, pecans & raisins in a homemade citrus dressing with chicken \$8.25 with shrimp \$10.25

### SANTA FE CHICKEN SALAD

Romaine and Iceberg mix with Pico de gallo, tortilla strips, bell peppers, cheeses & sour cream tossed in a homemade zesty Santa Fe dressing with chicken \$8.25 with shrimp \$10.25

### RANCHER'S B.B.Q SALAD

Grilled chicken smothered in a smokey B.B.Q sauce topped on a bed of Romaine and Iceberg mix with tomatoes, and cheese tossed in our homemade Ranch dressing \$8.25

## SIDE ORDERS

GUACAMOLE & CHIPS \$5.25  
BLACK BEAN DIP & CHIPS (served hot) \$4.25  
YUCA (CASSAVA) boiled or fried and topped with chopped garlic and lemon sauce \$3.75  
CHIPS & PICO DE GALLO \$3.25  
BONIATO FRITO (French fried sweet potatoes) \$3.50  
PLATANOS FRITOS (fried plantains) \$3.50  
TOSTONES (fried green plantains) \$3.50  
FRIJOLES NEGROS (black beans) \$2.25  
PINTO BEANS \$2.25  
CARIBBEAN RICE \$2.25  
GARLIC BREAD \$3.25  
FRENCH FRIES \$2.25 GARLIC FRIES \$2.50  
DINNER SALAD \$4.50